



**Spring Graded Meet
April 21st & 22nd 2012**

**ASANER Level 4
Licence No: **TBC****



Spring Graded Meet Information

Hebburn Swimming Pool

21st & 22nd April 2012

This meet is licensed by ASANER as Level 4

Pool Information

Pool length 25m
Separate swim down facility
6 Lanes

Competitor Lane Lines
Colorado Electronic Timing

Entry Information

- Age as at **22nd April 2012**
- Each swimmer's full date of birth **must** be included on the entry form.
- Entries which are not countersigned by an official from the swimmer's club **will be returned**.
- Entry times are **Short Course** (25m). Long Course (50m) times **must** be converted.
- 100m events are open to swimmers age **10/Over only**.
- Entries will not be accepted from swimmers who have swum faster than the enclosed cut off times.
- Sportsystem entry files: **£4.00** per event. Paper entries: **£4.50** per event.
- Coach's Passes: **£15.00** each – includes programme, results sheets and lunch.
- Cheques payable to: **SOUTH TYNESIDE SC**
- Entries should be made on the official entry forms or on a compiled entry disk and returned, enclosing an A4 SAE, accompanied by the entry fees to: **South Tyneside SC, Mr P Powell, Blencathra, North Road, Dipton, Co Durham, DH9 9BB**
- Electronic Entry File is available via the Event Page on our website.
- Opening date for entries: **Monday 5th March 2012**. Closing date: **Monday 2nd April 2012**

Entries for this meet are on a **First Come, First Served Basis**.

The organisers reserve the right to restrict the numbers of entries to ensure the completion of the meet as scheduled. **Poolside entries will be accepted only if there are empty lanes in an event – under ASA Law, entries accepted on the day are to be treated as official entries and the swimmers to be entitled to any award they might win.**

Event Information

- Heats will be seeded according to submitted entry times. All events are **Heat Declared Winner** with the exception of 14/Over 50m events.
- In each event, awards will be made to the fastest three swimmers in each Age Group (9, 10, 11, 12, 13, 14/OVER) with the exception of 50m events for 14/over
- Additional awards will be made to fastest three swimmers in each 50m final.

South Tyneside Swimming Club will **not** be responsible for any unaccompanied swimmers on poolside. The responsibility falls on the club, entering the swimmer, who should appoint an individual to be on poolside. i.e. An adult with a coach's pass.

Coaches are requested to inform the recorders, no later than 30 minutes prior to the session start time, of any of their swimmers who intend withdrawing from an event. It is the responsibility of team managers and coaches to ensure that all competitors report to the starting area in time for the start of the race.

Neither South Tyneside SC, nor South Tyneside MBC, can be held responsible for loss or damage to spectator's or swimmer's property. Swimmers are advised to use the lockers (20p returnable).

Spectator Information

There is a large free car park situated outside the pool. Please note that seating is limited.



Spring Graded Meet Schedule of Events

21st & 22nd April 2012

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Session 1	Saturday 21 st April 2012			Warm-up 8.15a.m. Start 9.00a.m.
Event 1	200m I.M.	Female	9/Over	
Event 2	200m Freestyle	Male	9/Over	
Event 3	50m Butterfly	Female	9/Over	
Event 4	50m Backstroke	Male	9/Over	
Event 5	200m Breaststroke	Female	9/Over	
Event 6	100m Butterfly	Male	10/Over	
Event 7	100m Backstroke	Female	10/Over	
Event 8	Final 50m Backstroke	Male	13/Under	
Event 9	Final 50m Backstroke	Male	14/Over	
Event 10	Final 50m Butterfly	Female	13/Under	
Event 11	Final 50m Butterfly	Female	14/Over	
Session 2	Saturday 21 st April 2012			Warm-up TBC Start TBC
Event 12	400m Freestyle	Male	9/over	
Event 13	200m Butterfly	Female	9/Over	
Event 14	50m Freestyle	Male	9/Over	
Event 15	50m Breaststroke	Female	9/Over	
Event 16	200m Backstroke	Male	9/Over	
Event 17	100m Freestyle	Female	10/Over	
Event 18	100m Breaststroke	Male	10/Over	
Event 19	Final 50m Breaststroke	Female	13/Under	
Event 20	Final 50m Breaststroke	Female	14/Over	
Event 21	Final 50m Freestyle	Male	13/Under	
Event 22	Final 50m Freestyle	Male	14/Over	
Session 3	Sunday 22 nd April 2012			Warm-up 8.15a.m. Start 9.00a.m.
Event 23	200m I.M.	Male	9/Over	
Event 24	200m Freestyle	Female	9/Over	
Event 25	50m Butterfly	Male	9/Over	
Event 26	50m Backstroke	Female	9/Over	
Event 27	200m Breaststroke	Male	9/Over	
Event 28	100m Butterfly	Female	10/Over	
Event 29	100m Backstroke	Male	10/Over	
Event 30	Final 50m Backstroke	Female	13/Under	
Event 31	Final 50m Backstroke	Female	14/Over	
Event 32	Final 50m Butterfly	Male	13/Under	
Event 33	Final 50m Butterfly	Male	14/Over	
Session 4	Sunday 22 nd April 2012			Warm-up TBC Start TBC
Event 34	400m Freestyle	Female	9/over	
Event 35	200m Butterfly	Male	9/Over	
Event 36	50m Freestyle	Female	9/Over	
Event 37	50m Breaststroke	Male	9/Over	
Event 38	200m Backstroke	Female	9/Over	
Event 39	100m Freestyle	Male	10/Over	
Event 40	100m Breaststroke	Female	10/Over	
Event 41	Final 50m Breaststroke	Male	13/Under	
Event 42	Final 50m Breaststroke	Male	14/Over	
Event 43	Final 50m Freestyle	Female	13/Under	
Event 44	Final 50m Freestyle	Female	14/Over	



Spring Graded Meet Qualifying Times

Age as at 22nd April 2012

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Upper Qualifying Times

Boys						EVENT	Girls					
9 years	10 years	11 years	12 years	13 years	14/Over		9 years	10 years	11 years	12 years	13 years	14/Over
00:34.0	00:32.0	00:30.0	00:28.0	00:27.0	00:26.0	50 Free	00:35.0	00:32.0	00:31.0	00:30.0	00:28.0	00:28.0
No Swim	01:09.0	01:06.0	01:00.0	00:58.0	00:56.0	100 Free	No Swim	01:12.0	01:07.0	01:02.0	01:01.0	01:00.0
02:47.0	02:32.0	02:20.0	02:11.0	02:05.0	02:01.0	200 Free	02:49.0	02:33.0	02:20.0	02:14.0	02:11.0	02:09.0
04:16.0 for all ages (max. 5 heats)						400 Free	04:30.0 for all ages (max. 5 heats)					
00:46.0	00:42.0	00:40.0	00:38.0	00:36.0	00:34.0	50 Breast	00:45.0	00:42.0	00:39.0	00:38.0	00:37.0	00:36.0
No Swim	01:29.0	01:25.0	01:19.0	01:14.0	01:11.0	100 Breast	No Swim	01:29.0	01:24.0	01:19.0	01:16.0	01:15.0
03:35.0	03:19.0	03:00.0	02:49.0	02:42.0	02:34.0	200 Breast	03:37.0	03:18.0	02:58.0	02:51.0	02:45.0	02:42.0
00:39.0	00:36.0	00:34.0	00:33.0	00:31.0	00:30.0	50 Fly	00:40.0	00:36.0	00:34.0	00:33.0	00:32.0	00:31.0
No Swim	01:13.0	01:09.0	01:07.0	01:03.0	01:01.0	100 Fly	No Swim	01:15.0	01:12.0	01:09.0	01:07.0	01:06.0
03:30.0	03:00.0	02:44.0	02:30.0	02:21.0	02:15.0	200 Fly	03:33.0	03:03.0	02:43.0	02:32.0	02:26.0	02:23.0
00:40.0	00:37.0	00:35.0	00:34.0	00:32.0	00:31.0	50 Back	00:40.0	00:37.0	00:35.0	00:34.0	00:33.0	00:33.0
No Swim	01:15.0	01:12.0	01:09.0	01:05.0	01:03.0	100 Back	No Swim	01:16.0	01:14.0	01:10.0	01:09.0	01:08.0
03:35.0	02:50.0	02:37.0	02:28.0	02:21.0	02:16.0	200 Back	03:08.0	02:52.0	02:37.0	02:30.0	02:27.0	02:25.0
03:10.0	02:54.0	02:38.0	02:29.0	02:22.0	02:18.0	200 I.M.	03:12.0	02:54.0	02:39.0	02:32.0	02:28.0	02:26.0

Swimmers **must not** have swum faster than the upper qualifying times prior to this event.